Shadows from the Greater Hill Ramsay Head Press, 1987

HOLYROOD PARK AT NIGHT

Snow and solo, Holyrood park at night flakes so brittle footsteps can press no print sky reflects the earthly pallor shadows of evening are blanched of darkness

Star nor moon, no break in the haze of white outline none to sharpen the lion crag wide terrain of hill and parkland empty of creature beside my walking

Round the frozen loch sleep the ruffled swans geese and lesser fowl in their sheltering dogs and humans huddle safely lights of the city for hibernation

Days are dark in winter and nights are pale blankly folded into each other's sphere even gulls are muffled, humbled silently I alone travel forward

Far ahead I see by the gate the trees hardened branches blurred by the pallid light nearly home I find beneath them circles of softness where earth is warmer

Friends grow distant lost in their own distress each of us alone bears what winter brings stiffened frosted leafless upright yet unawares we make fonder patches

MARCH 9th

Today change was consummated.

Not knowing why or how I had prayed I would be changed.

Sorrow took root and I grew a spindly tree strapped for support to my former self and staked in that nursery of pain.

Today it was transplanted into deep soil. Its narrow shadow lies in the oval grove.

MARCH 12th

I take his hand and hold his head against my breast –

a bird, alighted in the park, a gull, from wheeling high against the dark hill brightly.

MARCH 15th

The Ides of March blew white blew horizontal cut at every level, routed out a resting place on abraded ledges of the ruined chapel, reduced to what endures on its promontory.

Young trees: ash, sycamore, beech, wild cherry, plucked from their nurseries in Armadale or Perthshire, lifted with that soil still mingled in their roots and dipped in rich earth to form a slender grove across the park.

Those young trees stand black, slim, sharp at brave attention on this their first trial.

Each reveals the code it carries

for shaping stillness patterning sky.

Stand slight sentinels. Guard new positions. Draw yourselves up to attain your height. Now's no time for leaning, for generosity. The warm spring sun that fed your first days and blessed your new placement with balmy pretences has withdrawn today.

You must explore the dignity you dwell in, hold to purpose keep direction. It will pass this injustice – and you will have grown.

MARCH 17th

Sheer, white, fine light of early sun on slight snow wakes me – and the young trees self-consciously aware of an ordeal undergone and to their credit, of soft, separate snow melting at their base and running to their roots. of redshanks dipping overhead in twos and threes, of Saturday in the park as yet untouched, unhappened.

But my ordeal lies ahead.

I call in vigil on whichever god or goddess can take hold of serpents and win their benificence.

MARCH 21st

I love my books. They are more consistent than men, though they meet each changing mood, companion to my solitude.

Alone at night I search my mind for a word on the page remembered that never betrays, a passage I once relied on like daily bread, a thought precisely expressed: as I discover the plot in which my part is played.

MARCH 28th

Three swans flew westward in the filmy, cloud-white morning, a triangle a threesome like an arrow.

One is the swan of ambition another the swan of emotion. The third swan keeps the balance, flies with cloudy, filmy patience.

MARCH 29th

Knee-deep in snow, dark, wet, cold scentlessness, old tall trees are striped white to windward.

Those young trees have no roughnesses for catching flakes to build a thin streak of snow-shading.

In a blizzard none can run away that is rooted. The wind does not relent, drives cold in sideways, etches black and white.

APRIL 3rd

The mountain keeps silent omni-presiding and wise trees wait wordless

Words heap unuttered crumpled inside me.

APRIL 5th

I glimpsed that red moon setting on Good Friday morning 6 a.m. directly face to face. It sank behind the ridge without delay in the corner of my just-opened eye.

It was burnished by what must have been the sun rising, but I was too asleep to rise and look towards the east. I let the moon slip and myself slumber, in that early glow.

EASTER DAY

Darkness before dawn and rain rhythmical encompassing within its sound ourselves, the window ledges, street and buildings, cars, trees, grass, gate, wall.

It washes clean the mind and cradles agitation.

We enter the temple of listening where arabesque of birdsong decorates the dawn above the drumming peace, the steady lethargy, even the dull blessedness of rain.

APRIL 13th

Rain diagonal screens the mountain flank

in April, in daylight, in sharp, clear stripes against brown grasses of a winter coat unmoulted, except in muddy patches where, long and damp, it greens and thickens.

APRIL 16th – transplanted

Trees do not grow for three or four years after being transplanted; they settle their roots.

These trees in the park are large to have been uprooted. The younger the tree the quicker it settles and grows; so I am told.

My experience is different: roots were dragging me under. I could not grow for the heavy clinging.

Transplanted now I am lifted, winging weightless almost.

My growing is to shed all that holds me down.

I grow stems of thought to flower as poems.

APRIL 25th

The chapel ruin is in shade on its level, sheltered from the east wind and rising sun.

The remnant wall faces north.

Window-gaps, like eyes, still survey the centuries and look at us

from every quarter. they stare in shadow or fill with quickening light.

I return the gaze saying 'Yes, I soon shall pass, while you remain.'

Yet traces of my abiding may appear, with apertures that take in sky and mountain.

APRIL 26th

Below my kitchen window great, grey bricks were laid.

A team of workmen, pinched and roughed by cold of early morning, handed up bricks crept along scaffolding carried them to the building point and stacked them.

Bricklayers took them one by one lifted and positioned them on the wall they made to grow line by line and neatly turning corners – no trial and error – each one put precisely in its place.

MAY 1st

Today, the first of May the sun was seen to rise over contradictory cloud at 5.30 in colour,

and young girls attended silent who had climbed the hill chattering.

As the orb achieved wholeness they broke into dancing, singing

and running downhill to breakfast.

MAY 5th

To combine hard, dark, enduring substance with here-today-gone-tomorrow blossom within repeated cycle of foliage: that is the fascination (now I see it) that is the satisfaction in a tree.

Now I know why we worship them. We see in them our own toughness and our weak extremities, our own endurance and ephemera.

Young cherries stand in scant flower calm in quiet roundels.

They chide me not to look away not to look with disillusion.

They demand humility a self-forgiving smile.

MAY 7th

The hill is hiding its head day after day and even at night a strange indigo aura covers the peak.

The sun has not been seen no more has the moon in all this milky seedtime.

Gulls can hardly fly for weight of cloud.

Trees succumb to gravity and people grey resentments sway and droop.

After so many days, to witness the head of the mountain clear

its thoughts in order, is revelation, an outline of truth.

MAY 20th

Summer makes the world soft adds texture to birdsong.

The mountain gently nuzzles the sky.

Grass and trees conjoin horizontal with vertical.

Insubstantial as shadow the propped frame of the ruined chapel . . .

Summer waives outlines, merges soft on softness.

MAY 28th

Swifts spring from air from nowhere born of new light.

They exist in air, on air; they follow the windstream from country to country crossing turbulent oceans.

Seekers of longer light, wider space, they skim the loch where swans shine as waters darken and overturn, trees sway low.

Do swifts believe in night? They don't believe; they imagine: they imagine life is a dance

space and light the music darkness only the prelude to more ethereal melodies.

JUNE 20th

The actual moment when early in the haze of day a quality appears of incandescence,

the whole world whitens, hill slides slowly out of mist swells towards intrusion of light.

I am invaded by that moment: no annunciation but epiphany; treasures

brought from history, humanity, like golden weapons salvaged from beneath the seas.

JUNE 22nd

Because when I wake to gulls, traffic, sunlight, car-doors, footsteps, voices, clouds, trees, chirpings, clatters, my own smell and skin, awareness of my awareness bridged to you and back, who are my now, my words, image, my pure, an icon, figure of my truth, who dreamt with me in sleep so that it is into you I waken . . .

Because of this and the morning I desire to speak your name, not utter speech but touch you with my voice and hear the stroke of yours, to know you there, there, not far, yet far, not here, yet inward and immediate.

JULY 1st

Shadows from the greater hill

in early eastern light, project upon the lesser slope, to fill with dark its curves and hollowings – as suddenly, without remark, white gulls open huge black wings.

JULY 8th 'The love that spills out of the too full cup . . . The leftover love' – Alice Walker

Women are designed with a capacity that exceeds demand. The demand cannot be forecast and we are not found wanting.

I am no different in wispy, slender, Scottish Asian, aching, striding, enduring, joyous, anxious, hopeful woman-shape. Love melts from me when it has once been lit.

Dido was no different as much a queen as we are whatever her colour or ours, whatever her violent adventures, her city raised from the sea whose name remains a symbol of *anima mundi* crushed.

Today the sun is high and strong and lasting. The mountain is debonair. I sense a distancing from me; while in winter's cloak it drew me closer.

My leftover love cannot rain on the mountain.

The sky is blue and empty. People sport in the park. Even the little trees need no consolation.

JULY10th

A great dane is strolling in the park. He lopes left feet together then right.

His head is high. He feels in proportion to the mountain.

Young trees fluster inches above him.

His flanks are moving in a strathspey.

His paces are longer then those of his companion who trips in jeans and white, heeled shoes.

He keeps his distance unable, quite, to own her.

JULY 11th – tête à tête

Just where they fell sprawled in the park on sunlit grass a bike, a boy, a girl in black, white and steel.

It is evening; they do not move for an hour;

their shadows move.

The boy and girl converse heads together, feet apart. The bicycle is silent.

JULY 27th

The view I am receiving is through speckle of raindrops

bright but blurred yet colours do not run.

All is screened through blobbed transparency, yet colours do not merge.

Mind is designed to ask the world questions: How far the mountains? How new the trees? How did we define the edge between cliff and sky?

Where the colour changes I could fall.

Intensity of light with degree reflection gives my eye a colour.

This mist is menacing: it lets no contrast through no way of judging action.

And I myself am moving, mist or no mist, ordered in my orbit.

Sometimes by a stroke of thought I am creating a colour, conjuring a contrast.

The view I am receiving through my dotted window I'll pick and choose to colour my own life.

JULY 28th

Saturday or is it Sunday morning?

Loud, collective clatter on the stair and footsteps changing their acoustic when they reach the street.

AUGUST 1st

After the rains gulls are fishing the grass for worms.

They ripple over the surface breasting the sunlight and follow curves of the mower where it circled the island of trees.

Worms are rising out of flooded tunnels.

It's easy fishing: no need to scream and dive.

The hill is green and juicy; it's never known so much moisture, unaccustomed to luxury.

I'll paddle over the grass again and catch medieval mushrooms on an ancient duelling-ground.

AUGUST 3rd - dawn winds

The hill is tossing high frail wisps of rosy cloud to glide in steady gale along a turquoise sky around above the perpendicular and slightly askew columns above the triangular gap between crown and crag.

The moon full at midnight is now high and faded almost a lazy eyelid day's eye opening or night's eye closing.

Birds chase and ride the wind reeling wheeling aware that in a moment ordinary flight of day will have to be resumed.

The hawk alone is steady keeps position despite the gale

to pinpoint a victim

and far below grasses tinge in flower: harebell, yarrow, lady's yellow bedstraw among the rangy thistles and fatted doves.

AUGUST 4th

The night sky is like a Gauguin girl: dusky and gorgeous.

The ancient chapel stands narrow, gaunt, inclined on its headland like a bard or prophet who would be harkened to.

I met the moon at eye-level easterly and grainy raising its amplitude above the lower slopes.

AUGUST 11th

After dark, light after dawn, grey after wind, calm after rain, dry.

A tiny white terrier scampers among the gulls.

A black speck of kestrel hovers among the clouds.

Beside the loch, trees are weary with their leaves.

Young trees, established, begin to lean slightly.

A jogger runs in red, with bare white legs.

As if from a tree-top I accept the scene given each morning calm, grey light.

I want no sudden sun, no burst of rain or wind. This peace, this unemphatic, non-expectant, poised detachment I have worked for.

AUGUST 20th

The Duke's Fell ponies are out for exercise, six in tandem pairs, with free-flowing tails: Martin, Roy, Edward, Robin, Mark, Ebony.

They slow down beside me passing with my briefcase in the prancing morning.

Each of them is power for ten times the buggy. Six of them feel it not more than conscience harnessed behind them, but they know bit and blinkers, collar and straps.

Each of them is part of an all-black team, moving with precision as one organism.

Their trainer speaks. They hear his voice separately, but respond together. The reins are in his fingers.

SEPTEMBER 7th

Leaves are black with density.

This breezy, Scottish muir is turning into jungle: sultry, wanting humour.

The hill remains monochrome, faded:

Even sound is muffled: bird, dog, child, dream or conversation.

Motor engines, distant drills raise their dull dirge.

SEPTEMBER 23rd

The loch has overflowed its banks. The moon is overripe with juice. Ducks were fed from this submerged pavement and that lagoon was formerly the grass.

Water is taking to the road and downhill to the traffic-lights. What use are wheels?

Yet summer boats have gone and swans return with six enormous cygnets to this enlarged domain.

One inch of rain has altered our boundaries.

OCTOBER 6th

Tree in full leaf wind in full blow sun in full shine make a shadow that dances dances.

Summer has gone grass has grown sky is clean and darkly the shadow-tree dances.

Is this how Orpheus made trees move, sun and wind his aid?

I applaud, and record exactly this will never happen again:

I must hold them together light and shade wind and sun grass and tree impossibly dancing shadow.

OCTOBER 14th (from Canada)

To define a particular moment from this distance

across the Atlantic is not difficult, since no close-up obstacles can intervene.

Details must be omitted: whether it rests in accustomed cloud unperturbed, or rises in clear, elegant outline of sun and shade. The time of day, too, is slightly uncertain.

I know the time of year and how trees are experiencing these first loving touches of newly-awakened frost which quietens autumnal trembling. Beside the loch they are yellow except for the willow, but young trees in their roundels are wispy and frail. It takes a mass of withered leaves for abundant colour.

The mower perhaps is working one last time to leave the grass evenly smoothed before the churning of winter. Swifts have gone, but geese flock and fly and land and walk and swim. They own the place in their noisy way. Birds are scarcely singing now but berries are brilliant; even beside the bus-stop on the roadside haws are darkly bloody. Rowans are dotted with crimson as if welcoming winter: its clear, piercing, crying, enduring love.

NOVEMBER 8th

In single file beside the loch they fade, the trees, they tinge, they do not shed their leaves but manifest their branches.

How calm and green the scene: it is as if all manner of things shall be green and all shall be green and certainly small is behovely. I am framed by my window frame again in Scotland, waking to white flutter of gulls, scruffy, friendly hump of the multi-verdant mountain.

St Francis would have felt at home, respectfully addressed it as 'big brother'?

NOVEMBER 17th

The sun at its zenith is level with my windows.

It makes pale with pleasure the park and the last topmost yellow leaves.

Young trees have shadows like spokes pointed due north towards me.

With massive stillness the mountain hovers in shade.

Never in summer was this suspension: a bird moves, and silhouetted verticals of tiny people climbing the mountain.

A cloud moves when steadily watched.

NOVEMBER 27th

'The moon doth shine as bright as day' and that is no childish exaggeration.

The night sky is blue in piercing moonlight and overhead at great height the Hunter's moon has reached a zenith of light and cold and clear and star and I sleep strangely waking to morning's darkness.

NOVEMBER 30th

No bird can peck so thick a frost.

Grass is hard, clod brittle.

A thin dawn has thrown gulls from cliff edge tinged the sharp mountain whose rock attacks the sky.

Blackbird, thrush, push tamely among dead leaves, scavengers.

The parkland silent, silver;

among trees a piece whiter of soil where frost nestled closer.

Last leaves shall fall surely? Yet they hang, cling with berries.

I look clear, far inhale with greed cold air.

DECEMBER 4th

I closed my eyes and lay down in sickness. When I opened them trees were grey and naked – even the tall willow that was green the day before.

DECEMBER 12th

Geese now feed among the gulls, glad of meadow grass when once they spanned the northern wilderness. The darkening sky is darkened by their multitudinous flight, as around the hill they uttering wheel.

A spaniel ran among them as they fed, and they have risen as one, alight, and feed again in flock.

Gulls, too, are circling noisily by the window as if there were agreement in dissent.

Celtic heads and beaks and knotted necks with vivid eyes have come to life around me.

DECEMBER 24th – Apollo in the north

Apollo winters here, strings his lyre like stars through clouds, like swans brightened in the wind; practises his geometries scaled to our particulars: arcs, crags, promontories.

A coiled constricted formula translated into sections of our landscape, our city-weathered hill, reduced yet refined from Delphic drama, grandeur or golden Minoan harmony; his circles here, triangles, his proportions re-coded in our alpha rock, our liquid sky, diagonal, and huge, cold, omega, winter nights.

DECEMBER 31st

In my protection you lie sleeping as I, wakeful, am in your keeping. What the direction this boat may sail, warily peaceful rain at the window wind in crescendo moon-face full?

Raft for pilgrimage over the flood made by arms crossed stronger than wood. Casting anchorage each one alone mourns what is lost, but charts the current together this moment now, until dawn.

Geese are loud: nor stars nor our breathing nor traffic's dirge compare with their weaving; nor mountain nor cloud with their wingbeat cry their swift surge and fine formation, their navigation through sky on sky.

Soon I shall sleep without making plans; the journey is longer for innocent ones. If you would weep do not resist; it will make you stronger like rain or goosefeather or sorrow or death or branches or mist.

JANUARY 1st - time made new

We have crossed the threshold into time made new. We make it new by stepping bravely from the familiar to proceed into a circle narrower but higher bearing with us what we can all that ringed us what we are but opening this horizon in each other for our neighbour by the truth of our endeavour.

JANUARY 5th - Turner water-colours

As daylight dims the stars so consciousness is wakeful over dreams.

Turner's water-colours are not exposed to view except in Scotland's month of darkness when no strong light destroys them.

Winter discovers what summer hides: dreams, ancient magic, fragile water-colour feelings.

JANUARY 14th

The moon: a pale clear twilight: seven geese wing eastward: dark omen of hope.

JANUARY 15TH

I hear the goddess of wind and rain hurtle around the mountain between trees against my high window.

'She passes and goeth through all things by reason of her pureness'

Goddess of rivers and fountains geysers and hot springs: Sulis unsullied *'she passeth through all things'*. The Romans called her *wisdom*: *'the highest goodness like water'* advises the Tao.

Rain on my window, Sulis, again this night, this dark, when we suffer the lag of winter before hope revives, loves confess.

JANUARY 23rd

Snow is falling in that wind howling the moon a coppery glow . . .

falls not on the city but on the mountain with circles of giant shadow . . .

despite his life-loving my friend is dying his wisdom silent and pale . . .

the skyline is fading as snow is outlining the contour and tracks of the hill . . .

my friend is dying the wind is howling the poem he lived is complete . . .

calm in the morning daylight's revealing poetry darkness has made.

FEBRUARY 1st

Snow the loch white and black, where birds drink: geese, swans, ducks, golden eye and moorhens, coots, gulls, pigeons walk on snowy ice.

The water has no edge.

Toboggans churn the milky snow with slaps of laughter, shouts, dogs, kids, creaming the afternoon in blinding sun, deafening speed.

A puppy is carried; toddlers cling to mothers on the sledge who bump and swerve and fall and go again like girls, like children.

Cars wait while geese cross the road cackling but unhurried; they circumfly the hill, the houses and the road and land again where water used to be; they sit heavy-breasted in the snow and dab thirsty beaks.

FEBRUARY 14th

The scene is set for me daily. Again and again I paint it as if an icon: shall I make the cloak of the Virgin red? How much to incline her head? What proportion of sky and cherubim, if any? Where the square trap door that leads to Hell?

Today's beauty lacks mercy: calm, pale, unperturbed in sleet, hail, keen wind. Show it by nothing: the hard edge of Hell's cliff, by the very vacancy: a walker straining forward like dog on leash but his dog unleashed in the wind.

Or shall I paint the mountain as an elephant-god fat, sleek, pregnant, feet turned up navel protruding and wide, flat ears? He is detached from predicaments of weather or winter; laughingly knows of desire's flame never quenched to nirvana, but lit anew in rock and sinew year by year.

He is complete, content to be gross, yet noble, inevitable yet enabling.

FEBRUARY 24th

Tracks, ruts, footprints birds, dogs, boots decorate the silent, empty, shining, snowy park where geese collect beneath the trees and one dog gambols.

Beside the park new-born babies sleep in see-through cribs; delicate as snowflakes born in a blizzard children of white.

They herald the return of life: as yet no mark, no print on their soft perfection.

MARCH 9th

The geese have gone.

I saw them walking under the trees not feeding, walking, and wondering if it was time.

They must have judged that day was equal to night, warm was level with cold, the loch now too small for fledged ambition.

The geese have gone.

No-one saw them leave.

They did not think, they flew and somewhere in the guts of a gale they are winging heavy body steady beak pointing ahead

as they cry into the wind and keep formation at last to sink again by some wide stretch of melting lake, their undebated, undesired yet undoubted destination.

MOONLIGHT OVER ARTHUR'S SEAT

Tonight the mountain has laid aside solidity: earth that has jutted and cragged its way into sky with trapped molten intensities pushed to their utmost reach then cooled and folded, crumpled into shadows

Those massive columns now dissolve again in light wanly drawn about their huge shoulders concentrated in an act of illumination with here and there a shaded boundary

Such exchange of substance noiselessly continues comprehends each separate, weightless leaf each sweep of wilderness, each casual broken stone that shiningly betrays the eyes of gods

From their intimate gaze we seek a sheen of protection yet as they probe our levels of hidden light we wager another moment towards our destiny and wrap ourselves in the sleep of our own courage